



THE INTERNATIONAL SOCIETY FOR THE PSYCHOLOGICAL
TREATMENTS OF THE SCHIZOPHRENIAS AND OTHER PSYCHOSES
UNITED STATES CHAPTER



ISPS-US is a non-profit organization promoting the humane, comprehensive, and in-depth treatment of psychotic disorders. If you believe there is more to treating mental illness than finding the right medication, learn more about ISPS-US.

BOOK ORDER FORM

A WAY OUT OF MADNESS Dealing With Your Family After You've Been Diagnosed With A Psychiatric Disorder Co-Written and Co-Edited by Daniel Mackler and Matthew Morrissey

Family conflict can wreak havoc on people diagnosed with psychiatric disorders. A Way Out of Madness offers guidance in resolving family conflict and taking control of your life. The book, the first in the ISPS-US book series, also includes personal accounts of family healing by people who were themselves psychiatrically diagnosed.

Praise for A WAY OUT OF MADNESS:

"Everyone touched by mental illness should have a copy of this slim but extraordinarily powerful guide; there's nothing else like it. This book will change lives."

—Gail A. Hornstein, PhD, author of *Agnes's Jacket: A Psychologist's Search for the Meanings of Madness*

"Therapists Daniel Mackler and Matthew Morrissey show that learning to deal successfully with family relationships—whether they be a source of distress or a source of comfort—can be the key to recovery. The powerful personal stories in the second part of the book attest both to the wisdom of their advice and to the fact that people can descend into 'madness' and then fully recover, and do so without needing to stay on psychiatric medications for 'life.'"

—Robert Whitaker, author, *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America*

"A compassionate, well-founded alternative to conventional psychiatry. We mental health professionals should take note."

—Ann-Louise Silver, M.D., first president, ISPS-US

"People struggling with the experiences commonly labeled as 'psychiatric disorders' will find not only comfort but solidarity and inspiration in this special book. The authors combine sound advice on navigating family systems with insightful support for finding your own path to wellness."

—Ashley McNamara, co-founder, *The Icarus Project*

CONTRIBUTORS INCLUDE:

- Patch Adams, M.D., inspiration for Robin Williams film
- Joanne Greenberg, author, *I Never Promised You a Rose Garden*
- David Oaks, director, MindFreedom International
- Will Hall, co-founder, Freedom Center
- Annie Rogers, Ph.D., professor, author, *A Shining Affliction*

TOPICS ADDRESSED INCLUDE::

- Family Boundaries
- Money and Independence
- Living a Healthy Lifestyle
- Freedom of Choice Regarding Medication
- Anger, Frustration, and Grieving
- Therapy and Peer Support

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