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PSYCHOSES

An Integrative Perspective

JOHAN CULLBERG

Foreword by Professor Patrick McGorry

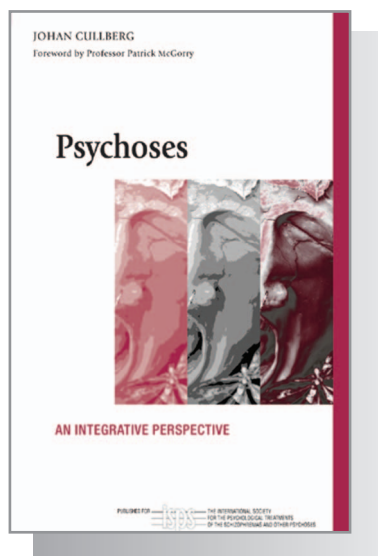
"From the thought-provoking preface to the moving epilogue it is clear that this book is the result of a lifetime of personal commitment by a gifted professional to the understanding of the meaning and nature of the psychoses." - Richard Warner, author of Recovery from Schizophrenia, Third Edition.

Psychoses provides a unique perspective on the challenges associated with understanding and treating psychoses, bringing together insights and developments from medicine and psychology to give a full and balanced overview of the subject.

Johan Cullberg draws on his extensive experience working with those suffering from first episode psychosis to investigate issues including vulnerability factors, phases of psychosis, prevention, the potential for recovery and contemporary attitudes to psychosis. Particular attention is paid to how therapeutic interventions can either support or obstruct the 'self-healing' properties of many psychoses.

This sensitive and humane perspective on the nature and treatment of psychoses will be of interest to all mental health professionals interested in increasing their understanding and awareness of this subject.

Johan Cullberg is a former professor of psychiatry, now working with research on first-episode psychosis and as a clinical supervisor at several Stockholm hospitals. He is former chairman of the ISPS and has published extensively on the subject of psychosis.



Contents: **McGorry**, Foreword. Preface, Preface to the English Edition. Part I: *The Psychotic Crisis and the Schizophrenic Disability*. Reason – A Thin Veil Over Chaos. Losing Contact with Reality. The Concept of Psychosis. Delusions and Hallucinations. The Ego. The Self and Psychosis. Phases of Acute Psychosis. Neurobiological Vulnerability Factors. Psychodynamic Vulnerability Factors. Factors that Trigger Psychosis. Protective Factors. Psychotic Disorders I. Psychotic Disorders II. Autism Spectrum Disorders and Childhood Psychoses. Delirium. Confusion and Organic Psychosis. The Two Critical Periods in Psychosis and the Potential for Recovery. Cognitive Disorders and the Psychotic Thought Process. The Construction of the Identity of a 'Chronic Schizophrenic'. Towards a Bio-Psycho-Social Model of Psychoses. Part II: *In Support of Recovery*. Traditions of Thought in the History of Psychiatric Ideas. Attitudes in the Twentieth-Century Treatment of Psychosis. The Requirements. Demands and Organisation of Treatment for Psychosis. The Assessment and Treatment of Patients with an Acute Psychotic Episode. Psychosis and Suicide. People with Long-Term Psychosis in the Community. Pharmacological Treatment of Psychosis. Psychological Treatments of Psychosis. Preventing Psychosis. On Being a Relative. Epilogue. Appendix: Classification.

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