

FROM ROUTLEDGE!

FAMILY AND MULTI-FAMILY WORK WITH PSYCHOSIS

A Guide for Professionals

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TROND GRØNNESTAD
ANNE LISE ØXNEVAD**

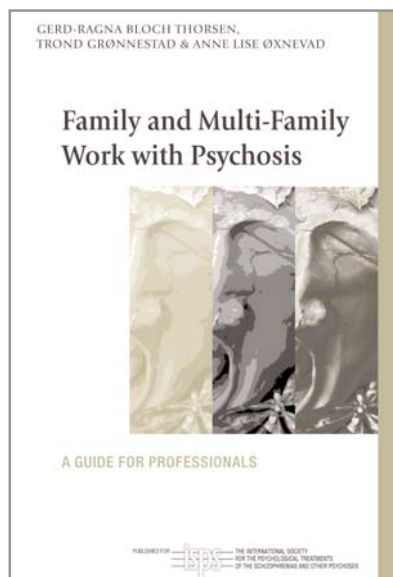
"In this book, the key clinicians in the Stavanger service have given a detailed account of their approach. The text is illustrated with examples from families who have participated, and enlivened with verbatim quotes from family members, including users. Practical tips and helpful advice abound." – Julian Leff, from the Foreword

Family and Multi-Family Work with Psychosis provides a practical step-by-step guide for professionals treating psychosis using family work.

The authors draw on over ten years of experience working with family and multi-family groups where there are members with a psychotic disturbance. They provide helpful guidance on vital issues, including setting up initial group meetings, crisis intervention plans, group structure, problem solving and communication in the group. Subjects covered include:

- the stress-vulnerability model
- the group structure and framework
- family-work in early psychosis
- working with families of people suffering from psychosis and substance misuse
- what can the family do to be of help and support?

This accessible, jargon-free guide will be of great interest to anyone interested in investigating the potential for using family work to treat those with psychosis.



Contents: **McFarlane, Leff**, Foreword. **Bloch Thorsen**, Introduction. **Grønnestad**, The Stress-vulnerability Model. **Johannessen**, Psychosis – What is it? **Methods.** **Øxnevad**, Psychoeducational Multifamily Group Model. **Øxnevad**, Invitation to Family Work. **Øxnevad**, The First Contact: Dealing with the Crisis. **Øxnevad**, The Second Contact: Mapping the Genealogical Chart. **Grønnestad**, The Third Contact: Monitoring Early Warning Signs. **Øxnevad**, Contact Between the Group Leader and the Patient Alone. **Grønnestad**, The Educational Seminar. **Øxnevad**, The Group Structure and Framework. **Øxnevad**, The First Multifamily Group Meeting. **Øxnevad**, The Second Multifamily Group Meeting. **Grønnestad**, Problem Solving. **Grønnestad**, Crisis Intervention Plan. **Arntzen**, Communication in Groups. **Experiences.** **Fjell**, Psychoeducational Family-work in Single-family Groups. **Arntzen**, Conducting Educational Family-work Among Young Patients. **Bloch Thorsen**, Family-work in Early Psychosis. **Bloch Thorsen**, Psychoeducational Family-work Applied to Different Diagnoses. **Drug Abuse and Psychosis.** **Barrowclough**, Working with Families of People Suffering from Psychosis and Substance Misuse. **Implementation of Psychoeducational Family-work.** **Bloch Thorsen**, What Qualifications do Group Leaders Need? **Øxnevad**, How to Implement Psychoeducational Family-work in an Established System? **Øxnevad**, What Can the Family do to be of Help and Support? **Bratthammer Family**, Words from the Family.

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