Keynote Speaker: Marty Cindy Hadge, IPS

*Living in the Margins and the Struggle to Reclaim Citizenship*

When resources are lacking, basic needs go unmet, rights are ignored, relationships betrayed, and valued roles hover out of reach, how does one adapt? Some individuals reach a point in their lives when they can no longer bear what they have experienced, and in their struggle to make sense of the senseless, become lost. This happens when individuals are told to believe in a reality that does not match what their hearts, minds, and bodies know to be true. Some may call that phenomenon “psychosis.” Others may say it is a spiritual experience, an existential crisis, or blame governmental forces or aliens. Research has shown that this can be a necessary and protective response to trauma. But the effect on the individual, whose only certainty is that impending doom will be their companion in a hostile world, is devastating. In their efforts to find a path upon which some piece of themselves can survive, the individual’s identity may be shattered or contorted. When they seek help, instead of finding care for and understanding of their own true selves, they are placed in a box; their identities stolen by diagnosis.

This workshop will provide mental health professionals with insight into the lives and minds of people who have lived on the margins and suggest tools for creating spaces where they can make meaning, reclaim their sense of self, and build a life they want to live. When love breaks through the fear, people who have become alienated from themselves can, with support, develop a sense of personal value, dare to trust, and find hope. They can learn to withstand bearing the truth of trauma, and the injustices of the world. In those moments, they may find the strength to own their broken parts and discarded selves. When shame and guilt are left by the way, people can heal, and new ways of navigating their outer and their inner worlds can develop. Speaking from direct personal experience as well as learning gained through supporting others, this talk will address marginalization and ways of reclaiming citizenship.

Honoree: Larry Davidson, PhD

*Recovering the Self in Psychosis*

Diverse theoretical orientations on psychopathology, including most recently phenomenological and neuroscientific approaches, consistently have viewed a core component of psychosis to be the loss, or distortion, of a person’s sense of self as an effective agent in a shared, social world. How such a sense of self becomes lost or distorted, and the questions of whether or not, and if so, how it can be recovered have received considerably less attention. These questions are taken up in this lecture. Based on a career’s worth of longitudinal and qualitative research, and enhanced by a growing trove of recovery narratives, this presentation focuses on the recovery of a sense of self as an effective social agent as core to the overall process of recovery in psychosis. Processes of reconstructing a sense of self begin with acceptance and an instillation of hope, which together provide a foundation for rediscovering one’s efficacy in seemingly small but concrete ways, that then are incorporated into a sense of social identity as a worthwhile member of one’s community. Finally, the implications of such an understanding for developing recovery-oriented practices are considered.
ABOUT THE MEETING
Psychosis is often described as a departure from consensual reality. But who provides the consensus? When our experiences are not validated by those closest to us and are discounted by institutions, our very status as citizens in the communities to which we belong is threatened. Citizenship is not limited to legal status, but includes participation in a world that encompasses acceptance, community integration, and the work of personal and social recovery. Indeed, full membership in society, according to Michael Rowe, Yale Professor of Psychiatry, encompasses the “5 Rs” of Citizenship: Rights, Responsibilities, Roles, Resources, and Relationships, accompanied by a sense of belonging. Yet those experiencing psychosis are often excluded from the 5 Rs, and more. Psychosis is one way in which the mind and spirit respond to feelings of powerlessness, danger, and fear. These feelings are often born of trauma, abuse, discrimination, alienation, and isolation. When disbelieved, and then fed by shame and guilt, they can grow to destructive proportions.

As persons with lived experience, advocates, practitioners, family members and researchers, we also populate communities that have languages and customs that can insulate us from certain ideas and practices in the wider world. Our hope for the ISPS-US 18th Annual Meeting is to challenge that insularity. While respecting each group’s point of view, we also want to reach across the institutional, organizational, and practical divides that have been forged by the groups to which we all belong. We seek to appreciate and understand the common themes that spiritual, social, psychological, and biological approaches offer toward understanding psychosis.

It is significant that this celebration of consensus and difference will take place in New Haven, which in 1984 hosted the first ISPS International Conference held outside of Europe. Here in Connecticut, we are excited not only to be able to showcase the beauty and history of New Haven and Yale, but to celebrate the ways we have begun forging new pathways of discovery, understanding, support, collaboration, opportunity, and research.

Our goal is to present new and more nuanced understandings of the relationships between alienation and isolation and psychosis, and to highlight the degree to which a sense of safety and belonging—to family, to community, and to the world—can foster resilience and promote recovery in vulnerable individuals. Join us in New Haven!

This program will interest psychologists, psychiatrists, social workers, counselors, therapists, nurses, peer specialists and other mental health professionals, students, academics and attorneys, as well as members of the lay public, including people with lived experience of psychosis/extreme states and their families, who are interested in learning about the experience and treatment of psychosis and extreme states.

PROGRAM COMMITTEE
Co-chairs: Claire Bien, MEd and Phil Corlett, PhD
Ken Blatt, MD, Marie Brown, PhD, Ana Florence, PhD, Rebecca Miller, PhD, Judy Murray, RN, Anthony Pavlo, PhD, Cindy Peterson-Dana, LMHC, Albert Powers, MD, PhD, Graziela Reis, MPH, Lauren Utter, PsyD, Pat Wright, MEd
Advisory Members: Larry Davidson, PhD, Michael Rowe, PhD; Honorary Member: John Strauss, MD

ACCESSIBILITY
ISPS-US is committed to providing access and support to everyone who wishes to participate in the programs we sponsor. Please list any needed accommodations, including special dietary needs, on your registration form, email Karen Stern at contact@isps-us.org or call 610-308-4744. For more details, see www.isps-us.org.

Physical Accessibility
The Omni New Haven at Yale is ADA compliant / wheelchair accessible. Our guest room block and all conference events except lunch and dinner are there. Accessible guest rooms are available upon request. For more information, visit www.omnihotels.com/hotels/new-haven-yale or call (203) 772-6664. Make your room reservation through this number, but ask for the ISPS-US group rate. The Saturday night dinner is at Olives and Oil, a wheelchair accessible restaurant across the street. You may sign up for the dinner on your registration form.

Volunteering and Scholarships
Volunteers help run the conference. They must join ISPS-US or already be members, and they have their conference fees waived in exchange for working a few shifts in between sessions. We also have general meeting scholarships on a first come, first served basis to cover conference fees only. The Rodney Waldron scholarship is for people of color and covers fees plus up to $100 of travel costs. See www.isps-us.org for more information.

HOTEL
We have reserved a block of guest rooms at the Omni New Haven at Yale. Please reserve your room there so we can fulfill our room block. Make your reservation early! A limited number of rooms are available in our block. Rate: $199/night plus tax • 155 Temple St., New Haven, CT 06510 • (203) 772-6664
Deadline: You must make your reservation by October 1, 2019. The group rate will not be available after that!

• Visit www.omnihotels.com/hotels/new-haven-yale/meetings/isps-us-18th-annual-meeting
• Or call (203) 772-6664. Be sure to ask for the ISPS-US room block to get the discounted rate.
PROGRAM

Note: Abstracts, learning objectives, target audience, references and presenter bios will be available at www.isps-us.org. The conference agenda is currently under review. Please visit our website for any updated information.

Friday, November 1
8:00 - 9:00 a.m. Registration & Coffee
9:00 - 9:15 a.m. Welcome
9:15 - 10:30 a.m. Michael Rowe, PhD, Patricia Benedict, Billy Bromage, MSW, Annie Harper, PhD, Bridgett Williamson
Plenary: Citizenship and Psychosis: The 5 Rs, Belonging, and Advocacy
10:45 a.m. - 12:00 p.m. Lauren Utter, PsyD, Neha Agrawal, PsyD, Sohenga Depestre, MA, Helena Hansen, MD, PhD, Dietra Hawkins, PsyD, Amanda Weber, MS
Plenary: Culture, Psychosis, and Dialogue: Faculty and Trainee Perspectives
12:00 - 1:30 p.m. Lunch on Your Own
1:30 - 3:00 p.m. 90-Minute Breakout Sessions
- Sarah Carr, PhD, Ana Florence, PhD, Corrine Hendy Introducing Peer Supported Open Dialogue in England and United States: Some Opportunities and Challenges
- John Thor Cornelius, MD Two Perspectives on Psychosis
- Mark Napoli Costa, MD, MPH & Anthony J. Pavlo, PhD Building Strategies for Moving Care for People Diagnosed with Psychosis Towards Personal Recovery
- Ashley Weiss, DO, MPH, Serena Chaudhry, DSW, LCSW, MPH, Michael Dyer, LPC, Doug Headrick, LPC, Jane Lefkowitz, LMSW Early Psychosis Intervention Clinic New Orleans: Creating Consensus through Creative Clinical Approaches
3:15 - 4:15 p.m. 60-Minute Breakout Sessions
- Annie Harper, PhD Financial Health and Mental Health: Making the Connection
- Nithya Ravindran, DO & Michael Dyer, LPC Allying with and Maintaining Safety for a Young Person Experiencing Psychosis
- Corrine "Mitzy Sky" Taylor Beyond the Story: Letting Go Judgment of Others, Getting to “Know Thyself”
- Ljiljana Zecevic, PhD, Nicole Havas, LMHC, Shannon Pagdon, Kimia Pourrezaei, DO, Halle Thurnauer, MA, Adam Weg, LCSW Alone We Can Do So Much, Together We Can Do So Much More
4:30 - 6:30 p.m. Reception Hors d’oeuvres & cash bar. Open to all conference attendees.

Saturday, November 2
8:00 - 9:00 a.m. Registration & Coffee
9:00 - 9:15 a.m. Welcome, Awards Presentation
9:15 - 10:15 a.m. Larry Davidson, PhD
Honoree Address: Recovering the Self in Psychosis
10:30 a.m. - 12:00 p.m. Pat Wright, MEd, Tanya Frank, MFA, Rebecca B. Jaynes, LCPC, Judy E. Murray, RN, Bunny Rodriguez, MSW
Plenary: Family Matters
12:00 - 1:15 p.m. Lunch on Your Own / Committee Meetings at Local Restaurants
1:15 - 2:15 p.m. 60-Minute Breakout Sessions
- John Strauss, MD Feelings and the Mental Health Field
- Marie Brown, PhD, Elan Cohen, Tamar Lavy, MD Resistance vs. Belonging: Progressive Early Career Professionals on Negotiating the System
- Lane Chazdon, LCAT, MME, MT-BC My Music, My Reality: Clinical Music Improvisation with Veterans with Chronic Psychosis
- Eric Friedland-Kays, MA & Jeremy Andersen, LMHC Cultivating a Welcoming Presence
- Jillian Graves, PhD, LMSW & Christina Marsack-Topolewski, PhD, LMSW A Developmental Approach to Crisis Management and Caregiving of People with Psychosis and their Families
Saturday, November 2, cont.
2:30 - 3:30 p.m. 60-Minute Breakout Sessions
- **Gail Hornstein, PhD**  
  *The Power of Hearing Voices Peer-Support Groups: Screening and Discussion of a New Film*
- **Gerald Jordan, PhD**  
  *Positive Change Following a First Episode of Psychosis: A Citizenship Perspective*
- **Barbara Jean Kocsis, MD & Charlotte Jevons, PsyD**  
  *Psychoanalysis, Psychosis, and Hearing All Voices: A Case for Truly Listening*
- **Jim Probert, PhD**  
  *Challenges and Opportunities Cultivating Rights-Based Resources for "Extreme" States within Universities and Other Mainstream Organizations*
- **Saras Yerlig & Rebecca B. Jaynes, LCPC**  
  *Integrating the Peer Perspective in a First Episode for Psychosis Program*

3:45 - 4:45 p.m. 60-Minute Breakout Sessions
- **Claire L. Bien, MEd**  
  *Psychosis, Citizenship, and Recovery: Mapping a Life’s Journey*
- **Celia Brown & MaryAlice Brown**  
  *Anomie and Altered States*
- **Ellen Dean, LCSW, Beth Broussard, MPH, CHES, Robert Cotes, MD, Lisa Spears, LPC, Angie S. Williams, CPS-P**  
  *Simpatico: Embracing Eclecticism and Polyphony in Georgia’s Coordinated Specialty Care Programs for Early Psychosis*
- **James E. Gorney, PhD**  
  *Engaging Stigma: Tourette’s Syndrome as Paradigm*
- **Judy E. Murray, RN**  
  *When Spiritual and Existential Crisis Presents as “Psychosis”*

5:00 - 6:00 p.m. Open Board Meeting: All are welcome

5:00 - 6:00 p.m. Poster Presentations: Posters will be up all day in exhibit area; not for credit.
- **Grinasha Dillon**  
  *EPIC-ARTS: Creating Community and Inclusion Through Creative Expression*
- **Eren Kafadar**  
  *A Pavlovian Visual Pavlovian Conditioned Hallucinations Task*
- **Toshiko Kobayashi, MA & Eunhong Park, ATR**  
  *Inclusive and Integrated Application of Expressive Origami Therapy*
- **Mila Kirstie C. Kulsa & Paul S. Saks, PhD**  
  *Critical Review of Current Psychiatric Care and Solutions to Preventing the Relapse of Psychosis*
- **Catalina Mourgues, PhD**  
  *The Voice Hearing Control Scale: A Novel Instrument to Assess the Control over Voice-Hearing Experiences*
- **Aly Negreira, PhD**  
  *Flashbacks and Hallucinations: Common Computational and Neural Mechanisms?*
- **Jenna Pastorini, MSc**  
  *The First Episode Psychosis Experience of Filipino-Canadians in Montreal*
- **Matthew Peters, MSc**  
  1) *The Faces of Medication Adherence: A Case Study Analysis of Neuroleptic Medication Decisions*
  2) *Service Providers’ Conceptualizations of Treatment for Psychosis in Specialized Early Intervention Settings: A Narrative Review*
- **Brittany Quagan, MS/LPC**  
  *A Qualitative Study of the Direct and Indirect Coping Strategies Used by Voice Hearers to Control Their Experiences*
- **Daniela Ravelli Cabrini**  
  *Recovery in Brazil: Experiences of Mental Health Service Users*
- **Jenae A. Richardson, MS**  
  *Clinicians' Experiences Implementing CBT for Psychosis*
- **Luyu Zhang**  
  *Understanding Psychosis Using Neuropsychological Profiles*

6:30-8:30 p.m. **Dinner at Olives and Oil**. Join us for a modern, rustic Italian buffet dinner and good company, across the street from the Omni. See [www.isps-us.org](http://www.isps-us.org) for menu. Vegan/vegetarian options included. Sign up on your registration form, and list all guest names and any food allergies or special diets. $50 per person, including tax and tip. Cash bar. **Dinner fee is nonrefundable after October 13.**
Sunday, November 3
8:00 - 9:00 a.m. Registration & Coffee
9:00 - 9:15 a.m. Welcome, Best Student Poster Award
9:15 - 10:15 a.m. Marty Cindy Hadge, IPS
Keynote Address: Living in the Margins and the Struggle to Reclaim Citizenship
10:30 a.m. - 12:00 p.m. Claire L. Bien, MEd, Barry A. Floyd, Caroline Mazel-Carlton, Brittany Quagan, MS/LPC
Plenary: Finding Ourselves in Each Other: Four Lives, Four Journeys
12:00 - 1:30 p.m. Lunch on Your Own / Committee Meetings at Local Restaurants
1:30 - 3:00 p.m. 90-Minute Breakout Sessions
- Elizabeth Breier, MA, CPRP, Clinton Green, LMSW, Jeremy Reuling, LCSW, NYCPS
  Walking the Fine Line: Perspectives of Professionals with Lived Experience
- J. Tyler Carpenter, PhD & Ronald Abramson, MD
  The Ends of the Bow Drive the Arrow: Brain/Mind and Hitting the Therapeutic Narrative
- Casadi “Khaki” Marino, PhD, LCSW, Berta Britz, MSW, CPS, Jim Probert, PhD
  Experts by Experience Panel: Journeys of Alienation and Belonging
- Alexander “Sandy” Smith, MA & Alberto Fergusson, MD
  The Community Bridges Project: Accompaniment in Rebuilding Connectedness and Citizenship from Colombia to Vermont
- Silvio Yasui, PhD, Disete Devera, MS, Fabrício Donizete da Costa, MD, Elizabeth Maria Freire de Araújo Lima, PhD, José Guilherme Nogueira Passarinho
  Mental Health Policy in Brazil: How it is, Its Current Challenges and Some Experiences
3:15 - 4:15 p.m. 60-Minute Breakout Sessions
- Robin S. Brown, PhD & Marie Brown, PhD
  Paranoia as a Transformative Event
- Barbara A. Deck, PhD, MBA
  Identity, Belonging and Social Identity: Beyond Psychosis
- Loren Dent, PhD, Jay Crosby, PhD, Jessie Roth, Jazmine Russell, NYCPS
  Psychosis, Narrative and Neoliberalism: A Conversation
- Brittany Quagan, MS/LPC, Catalina Mourgués, PhD, Albert Powers, MD, PhD
  Voluntary Control of Voice-Hearing: An Alliance to Move Phenomenology to New Therapeutic Approaches
- David L. Stark, MS
  The Changing Viewpoint: Psychosis and its Treatment Limitations--Constructing a Better Way Forward
4:30 - 5:30 p.m. 60-Minute Breakout Sessions
- Brian Koehler, PhD
  Loneliness, Social Connection and “Madness”
- Graziela do Carmo Reis, MPH, Mark Napoli Costa, MD, MPH, Anthony J. Pavlo, PhD
  Trauma and Psychoses: What Life Stories Have to Say about Belonging and Recovery
- Jazmine Russell, NYCPS
- Kate Wyer, MFA, John Flowers, Bonney Moxley, MA
  The Consumer Quality Team: Peers Engaging in Quality Oversight of Maryland’s Public Behavioral Health System
- Philip T. Yanos, PhD
  Assisted Outpatient Treatment Orders and the Therapeutic Relationship in Assertive Community Treatment

PARKING, TRAVEL INFORMATION & THINGS TO DO IN NEW HAVEN
Information on parking, getting to the Omni New Haven at Yale, and things to do in New Haven will be posted on our website, www.isps-us.org.

CANCELLATION, REFUND, GRIEVANCE POLICIES
THE REFUND DEADLINE IS OCTOBER 13, 2019. To receive a refund (minus a $15 service fee), email Karen Stern at contact@isps-us.org. To lodge a grievance, and for all questions, please contact Karen Stern: contact@isps-us.org or 610-308-4744, or see her at the registration table.
CONTINUING EDUCATION: ACCREDITATION INFORMATION

The Institute for Better Health (IBH), formerly IAHB, is pleased to offer continuing education credit hours to counselors, nurses, psychologists, physicians, and certain other healthcare professionals for the ISPS-US 18th Annual Meeting. Please view the online conference schedule for an outline of which sessions are approved for credit. IBH has been approved to offer continuing education and continuing medical education (except where otherwise noted) by the following:

COUNSELORS & MFTs: IBH is approved by the Illinois Department of Professional Regulation (Provider #168-000119). IBH has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 154. Institute for Better Health, Inc. (IBH) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. In most states, CE approvals for counselors and MFTs are covered through reciprocity with one of our other national approvals listed. Please check with your professional licensing board to determine whether the accreditations listed are accepted.

EDUCATORS: The Institute for Better Health has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim one Clock Hour for each activity hour attended. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

NURSES: The Institute for Better Health accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Provider approved by the CA Board of Registered Nursing (BRN Provider CEP #2672) for 1.0 contact hour per hour attended.

PHYSICIANS: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Institute for Better Health (IBH) and ISPS. IBH is accredited by the ACCME to provide continuing medical education for physicians. IBH designates this live activity for a maximum of 16.5 AMA PRA Category 1 Credits TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: Institute for Better Health is approved by the American Psychological Association (APA) to offer continuing education for psychologists. Institute for Better Health maintains responsibility for the program and its content.

SOCIAL WORKERS: Institute for Better Health, Inc, SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. This conference is approved for 1.00 contact hours per hour attended. ISPS-US regrets that we are no longer able to offer national social worker credits, due to recent changes in requirements that we are too small to afford. Social workers in many states may be able to submit APA or other types of credits to your licensing board. Check with your state licensing organization.

Note: Many state boards accept offerings accredited by national or other state organizations. If your state is not listed, please check with your professional licensing board to determine whether the accreditations listed are accepted.

THREE WAYS TO REGISTER

Register by September 10 to get early bird rates!

1. Register online and pay by credit card or PayPal at www.isps-us.org BY OCTOBER 13, 2019.

2. Mail the form on the next page with your check to be received BY OCTOBER 13, 2019 to: ISPS-US, P.O. Box 491, Narberth, PA 19072. (We cannot take credit cards by mail or phone.)

3. Register at the meeting. Same rates as regular pre-registration. Pay by check or credit card.

Conference fees include coffee breaks and Friday evening reception. Saturday dinner is additional, and must be paid for when registering.
REGISTRATION FORM

Pre-registration must be received by OCTOBER 13, 2019. To pay by credit card or PayPal, register online: www.isps-us.org. AFTER OCTOBER 13, you may register at the meeting only.

Title __________________________ Name & Degree as should appear on name badge __________________________
Address __________________________________________________________
City __________________ State _______ Zip _______ Country (if not U.S.) __________________________
Institutional affiliation(s) __________________________________________
Preferred Phone __________________________________________________________
E-mail address (required for CE/CME) __________________________
Website __________________________ Professional interests ___________
Any special accommodations needed, including dietary?
• I give permission for ISPS-US to share my name, email, city and state with conference attendees: No | Yes
• I give permission for ISPS-US to photograph me and use my likeness in its publications and website: No | Yes

New and renewing ISPS-US Members Only: Do you want to:
1) Join our e-mail discussion list? Yes | No
2) Be listed on our public website directory? Yes | No
3) Be listed in our members only directory? Yes | No
4) Have two mentoring sessions? Yes | No

> IMPORTANT: CIRCLE THE DAYS YOU WILL ATTEND: FRIDAY / SATURDAY / SUNDAY

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Continuing Education Hours of Credit (CE/CME)
TO EARN A CERTIFICATE, you must attend each session in full, sign in and out each day, and complete an online evaluation.

$60 Certificate fee. You must pay for a certificate in advance or at the meeting. We cannot issue certificates retroactively.
1. Type of credits: ___Physician ___Psychologist ___Counselor ___MFT ___Nurse ___NYS Soc. Work ___Educator ___Other: ____________
2. State __________________________
3. Professional License Number __________________________

Saturday Buffet Dinner: Must prepay. 6:30-8:30 p.m. at Olives and Oil. Guests are welcome. Space is limited.
Total no. of diners ______ X $50 = Total amount ______
How many diners are: ___vegan ___vegetarian ___carnivore ___not particular?
Guest name(s), special dietary needs (other than vegan):

Donate to our meeting scholarship funds. Help make it possible for people with low income to attend the meeting.
$10 / $25 / $50 / $100 / $250 / $500 / $1000 / Other amount: ______ On behalf of / In memory of ______
Please earmark my donation for: ___General Meeting Scholarship Fund ___Rodney Waldron Memorial Fund

$________ TOTAL AMOUNT. Make check payable to ISPS-US and mail with this form to: ISPS-US, P.O. Box 491, Narberth, PA 19072.